

POLAR STRAP CARE INSTRUCTIONS

SUGGESTED TIPS:

How to clean your Polar Heart Rate Monitor Straps

- Machine wash straps in cold water with mild detergent.
- Do not use moisturizing soaps or bleach straps.
- Do not soak, iron or dry clean the straps.
- Do not clean the electrodes on the straps with alcohol or peroxide.
- Do not place straps in dryer — hang dry only.

